



Co-funded by the
Erasmus+ Programme
of the European Union

Study Visit

“Reality of youth work”

Project type: Erasmus + KA1 Mobility for young people and youth workers

Location: Rezekne, Latvia

Dates for training course:

2nd – 8th September 2022

2 participants from each organization (age 18+)

WORKING LANGUAGE: English



About us:

European Association “World-Our Home” is an NGO active at European level working in youth, social, educational and cultural fields since 1999. The main aim of Association is promotion of European active citizenship, solidarity, multiculturalism, human rights and other values as well as non-formal education on local, regional and European level. The organization is busy with European youth exchange projects, seminars, trainings, international cultural projects. The organization actively participates in Erasmus +, Europe for Citizens, EEA Grants programmes. WOH is a hosting, sending and coordinating in European Solidarity Corps programme. The organization gives people the opportunity to learn foreign languages and get acquainted with different cultures in order to get European awareness, to gain more possibilities for social integration into the European community and make successful choice in their career. EA “World-Our Home” joins youth organisations around Europe and it has a strong cooperation with public and education institutions and other European networks.

Check www.worldatourhome.com

About the project:

The main AIM of the project "Reality of Youth Work" is to present youth work in Latvia, exchange of experience with partners, improve working methods with youth from different backgrounds and strengthen cooperation of Programme and Partner countries in the field of youth.

Objectives of the study visit are the following:

- To learn about the reality of youth work in Latvia, Latgale region;
- To support understanding of youth work realities of participating countries;
- To improve working methods of organizations with youth from different backgrounds;
- To learn about youth work in towns and rural area and compare them;
- To foster partnership building between organizations from Programme and Partner countries;
- To explore the added value of the European dimension of youth initiatives;
- To facilitate the acquisition by participants of communication, teamwork and project management skills of international activities and networking;
- To understand the impact and social change a youth center can have within the local community;
- To increase the strategic thinking of youth workers in order to create long-term interventions for personal and professional development of young people.

About REZEKNE:

<https://www.youtube.com/watch?v=NMAM1OBpT9o&t=11s>

Rezekne is a city in the Rēzekne River valley in Latgale region of eastern Latvia. It is called *The Heart of Latgale* (Latvian *Latgales sirds*, Latgalian *Latgolys sirds*). Built on seven hills, Rezekne borders with Russia, Lithuania and Byelorussia. It has become a border city between EU, NATO and the Eastern states. Rezekne is located 242 km from the state capital Riga, 685 km from Moscow, 450 km from St. Petersburg, and 860 km from Warsaw. It has a population of 31,216 making it the 7th largest city in Latvia.

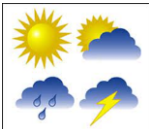



Partner organisations

Nr.	Name of the organisation	Country	Contacts
1.	Modern Youth Public Union	Azerbaijan	rafaelalekberov@yahoo.com
2.	OFFICE FOR INITIATIVES PROMOTION	Belarus	ngo.oip@gmail.com
3.	SDRUZHENIE FOKUS - EVROPEYSKI CENTAR ZA RAZVITIE	Bulgaria	info@foccen.org
4.	UDRUGA ALFA ALBONA	Croatia	alfa.albona@gmail.com
5.	POWER NO BORDERS	Egypt	powernoborders@gmail.com
6.	Civil Forum for Peace	Georgia	civilforummobility@gmail.com
7.	Perpetuum Mobility e. V.	Germany	info@perpetuummobility.de
8.	ENTREPRENEURSHIP AND SOCIAL ECONOMY GROUP	Greece	info@ekogreece.com
9.	Kfar Hanoar Kyriat Shmona	Israel	Liran17@smile.net.il
10.	JORDAN YOUTH INNOVATION FORUM SOCIETY	Jordan	office@jyif.org
11.	Active Youth	Malta	alphzamm@onvol.net
12.	ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO	Portugal	info@checkin.org.pt
13.	Non-governmental non-profit organization of research and social diplomacy "International Center "FALCOGROUP "	Russian Federation	falcohead@gmail.com
14.	COLLECTIU LA VIBRIA DINICIATIVES CULTURALS PER LA TOLERANCIA I LA INTEGRACIO	Spain	info@vibria.org
15	INSTITUTUL DE INSTRUIRE IN DEZVOLTARE MILLENIUM	Moldova	info@millenium.md

Practical information



<p>DATES and PARTICIPANTS</p>	<p>Training course:</p> <p>2– 8 September 2022</p> <p>Arrival: 2nd September 2022</p> <p>Working days: 3rd-7th September 2022</p> <p>Departure: 8th September 2022</p> <p>2 participants (18 +) from each organization.</p> <p>Preferably youth workers, youth leaders, project managers, leaders, members of the youth organisations.</p>
<p>TIME ZONE</p>	<p>Rezekne, Latgale region, Latvia is located in GMT +2 hours.</p>
<p>CURRENCY</p>	<p>Latvian money is EURO €</p> <p>In most of the establishments and shops, credit-cards Visa and MasterCard are accepted.</p>
<p>PHONE</p>	<p>The international phone code is +371 or 00371</p>
<p>WEATHER CONDITIONS</p> 	<p>Average temperature in Latvia: In September 18°C (max.) and 8°C (min.). Warm clothes will also be a mandatory, especially for participants coming from southern countries. Please check the weather forecast before your travel, because in Latvia we never know what will be the weather. 😊</p>
<p>ARRIVALS/ DEPARTURES</p> 	<p>When booking the tickets we suggest you to come till 17:00 on arrival day and book your flight back after 15:00. If your departure will be early in the morning you can have a problem with the transport as there is only 1 night bus from Rezekne to Riga which arrives to Riga at 6:00 am. That's why we advise you to book your flights from Riga in the afternoon.</p> <p>You can check the trains/busses to/from Rezekne on https://www.1188.lv/en/transport</p> <p>Buses you must check: from “RĪGAS SAO” to “RĒZEKNES AO”</p> <p>Trains: “RĪGA PASAŽIERU” to “RĒZEKNE 2”</p> <p>The tickets will be reimbursed after we receive all the necessary documents from your side (original tickets, boarding passes, invoices, etc.).</p> <p>NOTE: Before buying the tickets notify the organizer EA “World - Our Home”</p>

APPLICATION FORM

Participants are required to fill in online Application form for the project.

<https://forms.gle/v74M9T66kVAb3RBi7>

TRANSPORT MAXIMUM REIMBURSEMENT AMOUNTS


FUNDING CONDITIONS: The international travel costs are covered according to the rules of ERAMUS+ (distance band calculator, 100-499 km = 180 euro, 500-1999 km = 275 euro, 2000- 2999 km = 360 euro, 3000-3999 km = 530 euro, 4000-7999 km = 820 euro).

Country Maximum Amount covered [in €] per person

Country	Max amount covered by the project/per person	Visa costs/per person
Azerbaijan	360	100
Belarus	180	70
Croatia	275	
Egypt	360	100
Georgia	360	
Germany	275	
Greece	360	
Israel	360	
Jordan	360	100
Moldova	275	
Portugal	530	
Russian Federation	275	100
Spain	360	
Malta	360	
Bulgaria	275	
Latvia	180 2 part.	

NOTE: This money should cover also costs for your local transport to

	your nearest airport and travel costs from Riga-Rezekne-Riga (around 20 euros).
TRAVEL ARREGEMENTS	If you want to visit Latvia, Riga, you can buy the tickets 2-3 days before the project and stay in Latvia 2-3 days after the project, but we cannot cover your accommodation and food expenses for extra days in Latvia.
ACCOMMODATION	<p>Accommodation will be in the hotel “Latgale”. http://www.hotellatgale.lv/</p>   <p>The hotel is situated in the center of Rezekne. Only a few minutes away from the hotel are placed the sights of the city, banks, shopping centers and the most significant objects of cultural history.</p> <p>Hotel provides wireless (WI-FI) internet connection.</p> <p>Rooms will be shared from 2 till 3 persons per room of the same sex. All rooms have toilet and shower. Towels and bed linen will be provided.</p> <p>Don't forget to bring your personal hygienic (shampoo, shower gel, slippers, etc.)!</p> <p>100% of the seminar costs and seminar tools are covered. No participation fee!</p>

<p>FOOD</p> 	<p>Breakfast, Lunch and Dinner will be provided for you by the project.</p> <p>IMPORTANT: Please tell us if you have any special food needs (vegetarians, no pork, no fish, allergies etc.)</p>
HOW TO GET TO REZEKNE	<p>The airport to fly to is RIGA, Latvia.</p> <p>Please try to book your ticket for arrival in Riga as early as possible.</p> <p>When you will arrive to Latvia, get out from the airport, across the parking place you will find the bus stop (there is bus no.22) You can buy the tickets in the bus 2,00 Eur, but preferably next to the airport entrance door, on the left side, there is a little shop “Narvesen” or in the bus stop there is a tickets machine were you can find cheaper tickets 1,15 Eur. (in the bus 2,00 Eur) The bus No.22 will take you from the airport to the center of Riga. You need to get out in the bus stop “Autoosta”. The duration of the trip from airport to the</p>

bus stop “Autoosta” is 20-30 minutes.

Check the map below, you can take the **train in the train station** or the **bus in the Bus station for going to Rezekne**.

You can check the trains/busses to/from Rezekne on <https://www.1188.lv/en/transport>

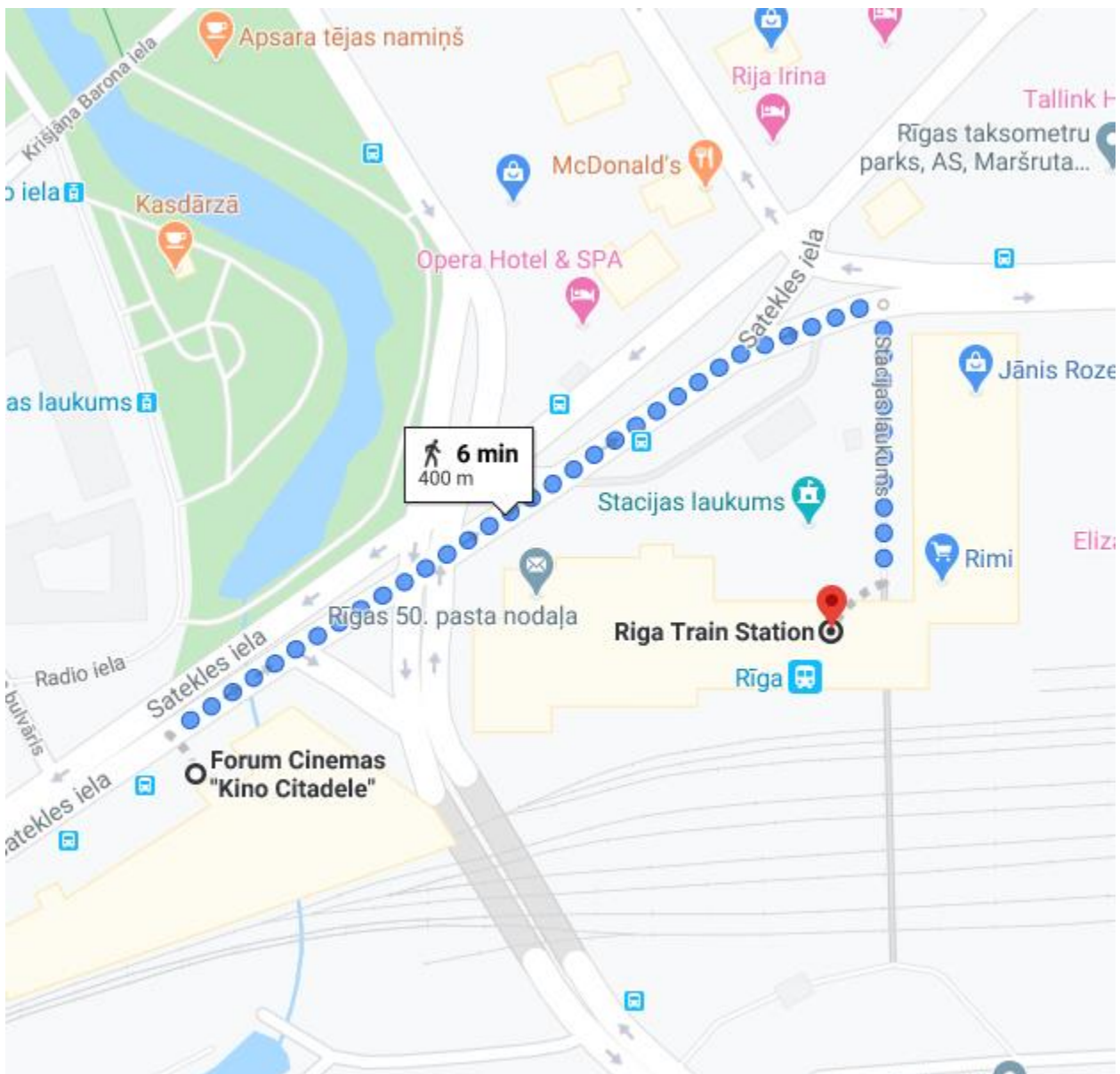
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Trains: “RĪGA PASAŽIERU” to “RĒZEKNE 2”

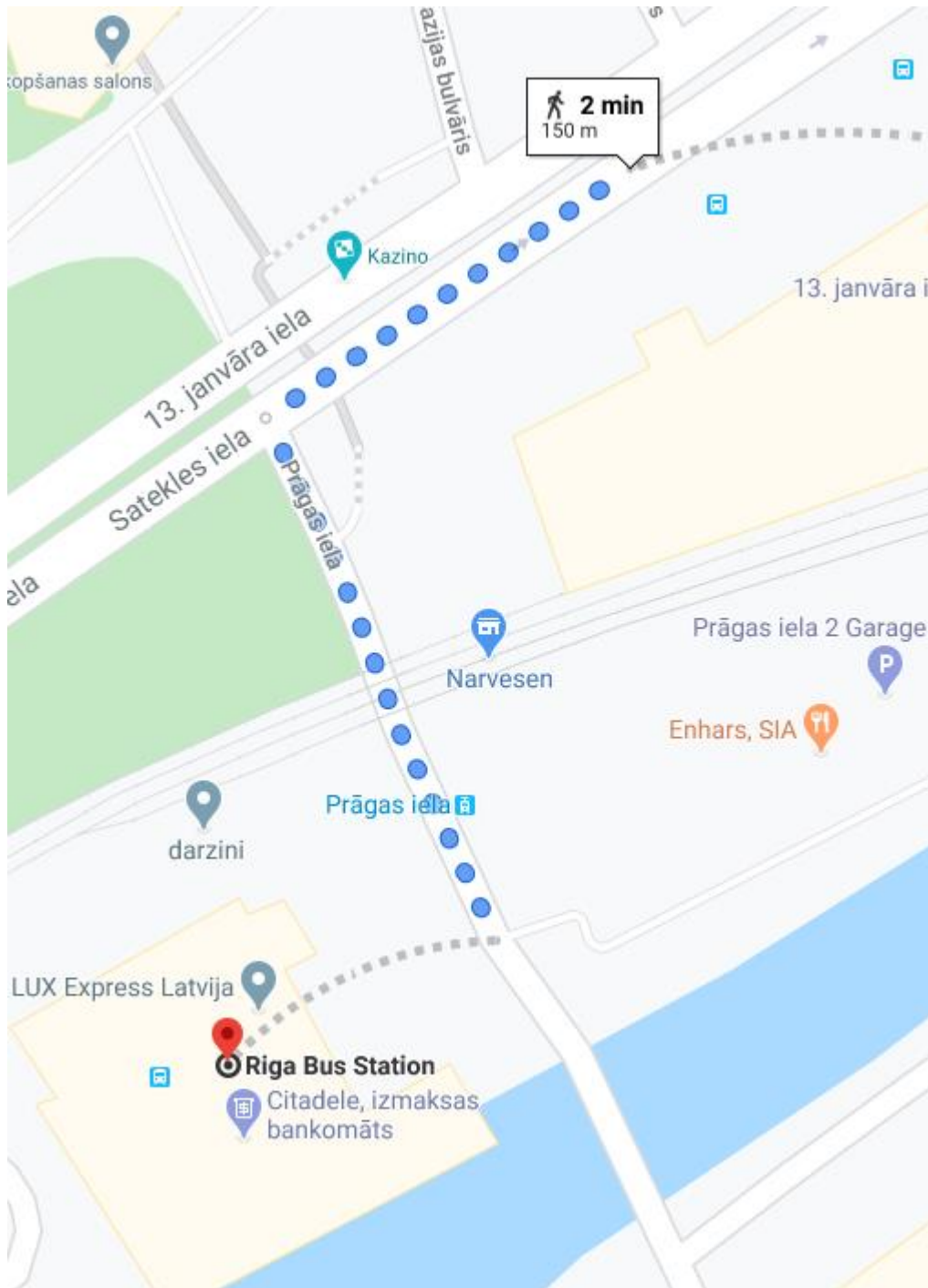
There you will find the convenient transport for you.

If you are disorientated or lost, don't hesitated to ask people or contact organizers!

From Bus stop “Autoosta” to the Train station



From bus stop “Autoosta” to the Bus station



REIMBURSEMENT RULES

- The travel costs are covered up to a maximum amount according each country. Please note that if some of the participants **are not traveling from the home cities of the partner organizations** the reimbursement will be done according to the following rules:

1. If the travel distance is longer than the distance from the home city of the partner organizations the expenses will be reimbursed according to the project approved band distance (which is stated in the list above).
2. If the travel band distance is shorter than the distance to the home city of the partner organization the expenses will be reimbursed according to the actual travel band.

Here you and the participants can calculate the travel distance:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

- Participants must choose the cheapest travel option. We will only reimburse public transport costs. **No taxis will be reimbursed.**

- The reimbursement will be done only for travel expenses incurred according to the following rules:

1. Reimbursement of travel costs will only be done upon full attendance of the project and presentation of the original travel tickets with boarding passes, receipts, invoices. All the original tickets, boarding passes and invoices from your home to the Rēzekne bus or railway station, including e-tickets, busses, trains, shuttles to the airport, etc. We're allowed to refund only the original tickets (altogether including the return) once we'll receive physically by ordinary mail after the project. Your travel expenses will be reimbursed only upon presentation of documentary evidence of the sum actually paid: original invoice or/and a copy of credit card slip. We will ask you for the originals of ones you have already used; do a photocopy of the tickets, which you need for your return trip, and the rest you need to send us by post after the project.

2. **Electronic tickets** will only be reimbursed on receipt proof of payment (invoice, paper of booking/purchase printed from internet, payment confirmation from Internet) and after presentation of the **boarding pass** for the outward journey.

3. Boarding passes must be printed in PDF paper version. **We will not accept mobile electronic boarding passes.**

4. Return tickets must be purchased before the start of the journey.

Money transfer to your bank accounts (or your organizations bank account) will be after project, and after we receive all the necessary documents we asked for, from you. We don't do reimbursements neither during training course nor in cash!

Reimbursement will be done in EURO, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month or day when the ticket/s were purchased, as stated in the official European Commission web-site. For countries with other currency – **we need to know the date of the purchase** of the tickets, to make calculation of currency exchange according to the rules of Erasmus + programme.

The reimbursement will be made by bank transfer only after receiving the original return tickets!!!!!!

Please, bring with you all the bank details (IBAN; SWIFT code, Name of the Bank, Account number etc).

Please do not book the tickets through travelling agencies. They are going to be much more expensive!!!

Before the execution of the reimbursement, participants need to fill a questionnaire that is generated from the mobility tool (organizers will inform you accordingly).

Without the originals, we can't reimburse the travel costs. Please print out all your flights tickets, even if you sent them to us before, we need them in paper for the reimbursement!!!!

There will be possibility to print everything also on the place!


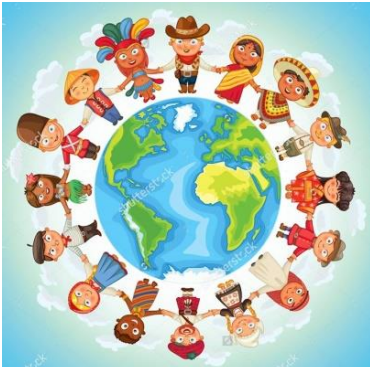

HEALTH AND TRAVEL INSURANCE

There is NO insurance provided by the organizers. Please, purchase a private insurance or, if you are EU citizen, get it free of charge from your national social security that covers medical costs around EU member states.



Remember that obtaining a health and a full travel insurance is your own responsibility and at your own expenses. The information you provided on any special needs does not remove your own personal responsibility for ensuring your own health.

Also, it is very important that you notify us of any health risk or possibly necessary medicines, **special food arrangements!!** and so on.

<p>WHAT TO BRING WITH YOU</p> 	<ol style="list-style-type: none"> 1) Please bring any medicine you might need. 2) Motivation and good mood. 3) We will try to hold some of our activities outdoors, so bring comfortable clothes and shoes. 4) Alarm clock. 😊 5) Please prepare presentations about your organization, your projects, work with youth. Each country will have 5-10 minutes.  <p>INTERNATIONAL EVENING: - Each organization is asked to bring some food or drink and other typical national staff for the international evening.</p>
<p>COVID measures</p> 	<p>At the moment in Latvia there is no need for certificates, or Covid tests.</p>
<p>ORGANIZERS CONTACTS</p>	<p style="text-align: center;"> Natalija Covvo, Director 0037129433012 Dace Deksnē, Project Coordinator 0037126658731 E-mail: pasauleathome@yahoo.co.uk </p> <p style="text-align: center;"> Tickets should be sent to pasauleathome@gmail.com </p> <p style="text-align: center;"> www.worldatourhome.com </p>

PLEASE REMEMBER that it is essential that participants participate **in all days of the training!** Otherwise we can't reimburse any money for the tickets.

Please do not hesitate to contact the EA "World-Our Home" in case of any questions or comments.

See you soon in Rezekne!!!

